

SOUTH AND CENTRAL
HEALTH FOUNDATION

Fall Gala
Dinner & Auction

Message

from the Executive Director

It is my honour and pleasure to welcome you to the third annual Fall Gala event. Tonight we come together again as a community to celebrate the achievements of your charity over the past year and to raise funds for its continued success.

This event is a testament to the dedication and commitment of our Sponsors, our partners here at the Mount Peyton Resort & Conference Centre, and our staff and volunteers, who have worked tirelessly to make this evening possible. Your presence here tonight is a testament to your belief in providing healthcare close to home and your willingness to invest in your, your family's, your neighbor's and your community's healthcare future!

Thanks to your generosity, we're pleased to be nearing completion of fundraising that will see the replacement of Cardiac Crash Carts in all our healthcare facilities in the south and central region, including those at our regional health centre in Grand Falls-Windsor. A \$70,000 commitment!

Tonight's proceeds will also fulfil our \$30,000 investment in supporting the Rural Innovation Lab - a training facility for physicians and other healthcare professionals - soon to open in our community. It will play a vital role in advancing skills, fostering collaboration and improving rural healthcare retention.

I hope you enjoy this special night and I thank you for your unwavering support!

Wendy Houlahan

Agenda

6-7 p.m.

Cocktail Reception

Silent Auction Bidding, 50/50, Wine Pull

Central .360 Photobooth

Entertainment by Landlocked

7 p.m.

Dinner

Welcome

Wendy Houlihan, Executive Director

Grace

Wanda Yetman, President,

Central Newfoundland Hospital Auxiliary

7:30 p.m.

Speakers

Opening Remarks

Wendy Houlihan, Executive Director

Message - Aramark Canada - Gold Sponsor

Message - Mrs. Lavina Mandavia - Gold Sponsor

Message - NL Health Services - Central Zone

Gift Presentation to the Chef

Live Auction

Message

Jennifer Whelan, Chair of the Board

Closing Remarks

Wendy Houlihan, Executive Director

Chef Mark McCrowe

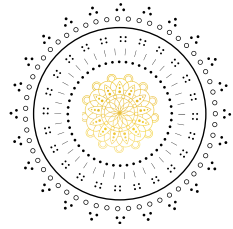
Mark McCrowe is a chef and cookbook author from St. John's, NL. Growing up around simple Newfoundland dishes using fresh seafood and wild game inspired an appreciation

in Mark for local food at a very young age. After studying at The Pacific Institute of Culinary arts in Vancouver, British Columbia and working in some of the city's finest kitchen's Mark returned home to further his own individual style as a Chef. He had went on to run two highly successful restaurants Aqua and The Club in St. John's that have been featured in such shows as Food Network Canada's You Gotta Eat Here and Cooking Channel's Chuck Eats the street.



Apart from running restaurants Mark has competed against Canada's best chefs at the Canadian Culinary Championships and was crowned Newfoundland's first Chopped champion in the first season of the Food Networks hit show. His award winning cookbook Island Kitchen features his life as a chef in Atlantic Canada and highlights his passion for indigenous ingredients. He has consulted on several local restaurants and pubs bringing forth new and exciting food menus and operations programs. He is cooking the food he loves for the people that means so much to him, And looks forward to furthering the future of Newfoundland cuisine for many years to come.

M E N U



Appetizers

Crab Rangoon

Mini Cheese Ball

1ST Course

Honey Roasted Beets

whipped goat cheese, agro dulce onion,
candied walnuts, crostini

2ND Course

Orecciette Pasta

ice shrimp almandine,
fennel sausage

3RD Course

Panko Chicken

mushroom spanakopita stuffing,
baked brie, garlic whipped potatoes

Dessert

Chocolate P B & J Parfait

chocolate ganache, peanut butter
mousse, concord grape jelly,
crumbled gingersnap

THANK YOU

Thank you to those who have generously donated to our Silent Auction.

Ada Buffett - Mary Kay Representative
Alteen's Jewellers
Amanda Jennings
Artistry on Glass (Rod Taylor)
Art's by Jill (Jill Wiseman)
Atlantic Wine & Spirits (Chad Hart)
BEAM Medical
Beyond the Box Designs (Lori Spurrell)
Classic Theatre
Custom Designs by Ang-Jo (Angela Toms & Joanne McCarthy)
Dorann Crafts (Dorothy Keel & Bernice Noseworthy)
Driftedin (Rene and Randy Edison)
Entomology Emporium (Jess Snow)
Exploits Valley Dental Office
Fab Furs (Cynthia Mitchell)
Fred Pretty Photography
Grazing Cart Co. (Sara Saunders)
Hank's Bandana's (Keisha White)
Havin' a Yarn (Jenna Budgell)
Jim's Value Grocer
King's Point Glass Works (Sharon Sanford)
Labatt
Larbars (Larissa Budgell)
Lesley Howard
Luxx Medical
Lynette's Fifth Avenue Collection (Lynette Kendall)
Made Right Here (Teresa Miller)
Mildred's Fishing Rope Creations (Mildred Rowsell)
Pardy Central (Preston Pardy)
Purity
Riverside Suites and Convenience
Rustic Charm
Sandkeeper Studios (Tori Mason)
Saltwater Spice Co. (Jackie Card)
Sheila Goodyear
The Bath Boutique (Amy Bowers)
The Beauty Den (Mary Connors)
Wayne Wellman

THANK YOU

Gold SPONSOR



Aramark Canada welcomes you to the South and Central Health Foundation's third annual Fall Fundraising Gala Dinner & Auction.

We value our longstanding partnership with NL Health Services - Central Zone and common goal of fostering healthy communities by making good food choices available and promoting active lifestyles and sustainable practices.

Our Door Prize



One lucky guest will win a
One Night Stay at
By the Sea Inn & Cafe,
King's Point, NL. Also
includes Breakfast for Two.
The prize is valued at \$250!

***Thank you to Krista & Corey Gillingham
By the Sea Inn & Cafe, King's Point, NL***



LIVE AUCTION



Thank you to our donors who have generously supported our Live Auction

1. Business Advertising Package - Total Value \$2,180

Stingray (VOCM or K-Rock) Advertising – Value \$2,000

Exploits Chamber of Commerce - One year membership - \$180

2. Cessna Tour – Value \$400

Donated by Gander Flight Training/EVAS Air

A 1-hour aerial tour in a Cessna for two passengers.

Departing location is Gander.

3. Landlocked Backyard/ Office/ House Party - Valued at \$500

Donated by the band Landlocked

4-person band booking for 2 hours

4. Hand Crafted Stained Glass Lamp

Grand Falls House – Change of Season – Value \$600

Donated by Artist Rod Taylor of Artistry on Glass

5. Christmas Toy Soldier Quilt - Value \$600

Donated by Bernie Healey

Description: 76 x 76

6. Rafting NL Experience for Two - Value \$299

Certificate entitles you to a credit of up to \$299 at Rafting NL

(Valid until October 2026)

7. Golfing for Green Team Entry (August 2026) – Value \$900

Donated by the South and Central Health Foundation

Registration for a team of Four Players in the charity golf tournament, Thursday, August 13, 2026, Grand Falls Golf Club.
(Includes one complimentary golf cart for the team.)

We accept cash, cheque or credit card

FUNDRAISERS



WINE PULL

Everyone's a Winner!



\$20 per cork

Choose a numbered cork from the basket and win the bottle with the corresponding number

Bonus Prizes!

One bag contains a **\$50-plus** bottle of premium **Canadian Whisky**

***Bottles worth
\$20 or more!***

One bag contains a bonus prize of a
\$100 Restaurant Certificate along with wine!



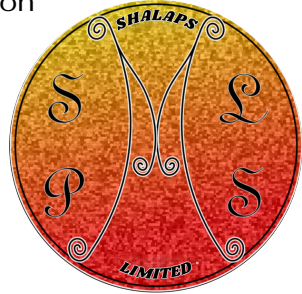
**10 TICKETS
FOR \$5**

Our Volunteers will be selling
50/50 tickets throughout the
evening. The draw will take place
after our Live Auction!

THANK YOU

GOLD SPONSOR

The South and Central Health Foundation has been a vital support to people in our community for many years. It has forged a close relationship with our physicians, nurses, and support staff to identify patient needs that cannot be fully addressed through the usual provincial funding mechanism.



Fundraising for the acquisition of essential medical equipment to facilitate early diagnosis of medical conditions and to assist in managing treatment protocols is at the forefront of the Foundation's mission.

Additionally, the Foundation focuses on raising funds to create a safe and welcoming environment, while providing amenities to enhance the comfort and wellbeing of patients and families.

Many years ago, my late husband Sharad and I both worked in the Laboratory Department at the Central Newfoundland Regional Health Centre and were actively involved in developing and the delivery of services that are also fundamental to the comprehensive care of patients in our region.

For these past 32 years, the Mandavia Scholarship has had a long legacy of helping our next generation of promising professionals in their educational pursuits.

I am proud to be a sponsor for the annual South and Central Health Foundation Gala and will always honor Sharad's memory by supporting the Foundation and its important work.

-Lavina Mandavia

THANK YOU

GOLD SPONSOR

Together, as brothers, we are proud to support the South and Central Health Foundation's Gala. Our sponsorship of this event is a tribute to our late father, Dr. Sharad Mandavia, who dedicated his career life to caring for others. He also dedicated his life to teaching us the very important values of caring, sharing and compassion.

Dad always believed in and supported the work of the Foundation and our sponsorship is a way to continue to honor his memory.

Although we could not be here in person tonight, we are proud to extend an invitation to our community first responders in honor of their dedication and service to ensuring the safety and well-being of others.

First responders are the heroes that arrive first on the scene in a crisis. They are ready to act and provide care for those in need. It's a heavy job to be a first responder—one that takes bravery, resilience, and empathy.

Representing our First Responders are:

- NL Health Services Paramedics
- Grand Falls-Windsor Volunteer Firefighters
- Exploits Ground Search and Rescue
- Municipal Police Department, Town of Grand Falls-Windsor
- RCMP Detachment, Grand Falls-Windsor

When you see a first responder, take a moment to say thank you! Your support means the world to them and their families.

-Drs. Sujal and Diku Mandavia

THANK YOU

BRONZE SPONSORS



STINGRAY

PATRON SPONSOR



Our Gift to You



Please accept this Limited Edition print from the South & Central Health Foundation with our sincere gratitude for your support. This reproduction is from an original painting "Vintage" by Angela Foss. Angela resides in Grand Falls-Windsor and has a passion for painting images – both past and present of Newfoundland.

You can view Angela's art on her Facebook page at Angela Foss Gallery

THANK YOU

COCTAIL SPONSOR



TABLE WINE SPONSOR



**EXPLOITS
VALLEY
MALL**

SAFE RIDE HOME SPONSOR

If you need a ride home please take an ASAP Cabs voucher located at the Gift Takeaway Table.



Grand Falls-Windsor
| perfectly centered |

IN PARTNERSHIP WITH
ASAPCABS
GRAND FALLS-WINDSOR



Thank you to the
Town of Grand Falls-Windsor
for their sponsorship of our
Safe Ride Home.

Please present your voucher (pick up
at the Takeaway Table)
to your "ASAP" taxi driver.

The free ride home is restricted for
use with ASAP Cabs
from the Mount Peyton Resort &
Conference Centre to anywhere within
the Town of Grand Falls-Windsor.

Gala Memories



Gala



THANK YOU

The Board of Directors of the South and Central Health Foundation would like to additionally thank the following individuals and businesses who helped make our Gala fundraising event a success.

Our Staff

Wendy Houlihan, Executive Director
Jenna Budgell, Community Development Officer

Our Partners

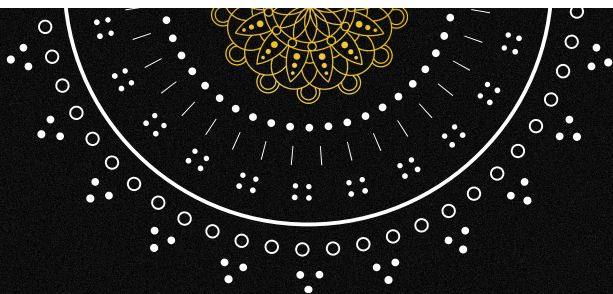
Angela Foss Gallery
Aramark Canada
ASAP Cabs (Terry O'Halligan)
Atlantic Spirits & Wines (Chad Hart)
Central .360 Photo Booth (Johnny Salamoni)
Exploits Regional Chamber of Commerce
Exploits Valley Mall
Hunter's Framing & Art Gallery
Landlocked
Chef Mark McCrowe
Morgan Printing
Mount Peyton Resort & Conference Centre
NL Health Services/Central Zone Leadership Team
Polished Events (Krista Higgins)
Shirley Guy, Executive Chef
Town of Grand Falls-Windsor

Gala Volunteers

Carla Legge
Michelle O'Halligan
Mondella Winsor
Olivia Organ

**If you would like to continue
your support of this event
or our charity,
please scan the QR Code
to Donate Now.**





THANK YOU

WE ARE SOCIAL: FOLLOW US

[Facebook.com/schf83](https://www.facebook.com/schf83)

www.scHealthFoundation.ca