

SOUTH AND CENTRAL  
HEALTH FOUNDATION

*Fall Gala*  
*Dinner & Auction*

Presented in partnership with



Thursday, October 27, 2022  
Grand Falls Golf Course

# Message

*from the Executive Director*

Welcome to our inaugural Fall Fundraising Gala Dinner & Auction.

The pandemic has put many things on hold, including plans to host this gala back in 2020. During the past two-plus years, raising support for urgent healthcare needs as our staff successfully raised funds for cardiac care, expectant moms and their newborns; upgraded emergency room equipment, in addition to funding three new wheelchair accessible buses for our long term care residents throughout the region.

Now with this newly created signature event we feel very privileged to have the support of our sponsors, our donors, volunteers and attendees, to bring together this community for an amazing evening to advance healthcare in our region.

We are grateful for the long-standing partnership with our Title Sponsor (Aramark Canada for initiating this wonderful idea of a gala. We would like to thank our all our Sponsors for their continued support. This is truly a "local" event - from our meal ingredients sourced from local farms, to our silent auction items donated by local artists, to the countless local businesses who didn't hesitate to donate to our live auction when our staff called on them for their support!

Our wish for tonight is that you enjoy this exquisite meal prepared by Chef Todd and the special culinary team put together for this event. We hope you have a truly inspirational evening. It has already been made special because of your generosity and attendance tonight.

Thank you for helping your charity give more people of central Newfoundland more hope for a healthier tomorrow.

Bon appetite.

*Wendy Houlihan*

# Agenda

**6-7 p.m.**

## **Cocktail Reception**

Microbrew Sampling sponsored by  
Bumblebee Bight Inn & Brewery; Charcuterie  
sponsored by Marathon Gold

Silent Auction Bidding

Performance by Charlotte Carey

**7 p.m.**

## **Dinner**

Welcome and Introduction of Emcee  
*Wendy Houlihan, Executive Director*

Evening Emcee  
*Kris Spurrell, Vice-President, South and  
Central Health Foundation*

*Encore Performance by Charlotte Carey*

**7:30 p.m.**

## **Speakers**

Recognition of Sponsors  
*Wendy Houlihan, Executive Director*

Aramark Canada

Central Regional Health Authority  
*David Perry, Director- Facilities  
Management & Engineering*

Message from our Celebrity Chef  
*Todd Perrin*

Live Auction

Closing Remarks  
*Wendy Houlihan, Executive Director*

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Don't forget your Photo Op with Chef Todd after the event

# Celebrity Chef Todd Perrin

Co-owner of Mallard Cottage,  
Quidi Vidi



Todd Perrin is best known as the larger-than-life Newfoundlander who, in 2011, made it to the top 8 when he competed on the first season of Top Chef Canada, the Food Network Canada's popular reality-TV series.

Six years later, he returned to compete in Top Chef Canada All Stars. And in February 2020, Chef Todd debuted as a judge on Wall of Chefs, Food Network Canada's newest series.

Chef Todd, who has graduated from The Culinary Institute of Canada at Holland College in Prince Edward Island, serves as executive chef and co-owner of Mallard Cottage in Quidi Vidi Village in the heart of St. John's.

In November 2013, he opened the restored 18th-century cottage that once housed farmers and fishermen, serving up daily menus—that feature local ingredients—made from both traditional and non-traditional cooking methods.

Mallard College has since earned recognitions nationwide, including being ranked fifth by Enroute Magazine on its list of Top 10 Best New Restaurants in Canada in 2014, as well as 22nd out of Canada's 100 Best Restaurants in 2017.

Chef Todd and his partners further enhance the tourist experience by running The Inn by Mallard Cottage, which is a modern, yet traditional eight-room accommodation.

# DINNER MENU

## **Appetizers**

Beet & Goat Cheese Salad  
with pecans. Dressed with  
Blueberry Balsamic.

Bread and Molasses,  
infused whipped butter  
with roll

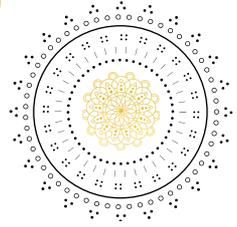
## **Main Course**

Prime Rib with Yorkshire  
Pudding, Glazed Carrots,  
Harvest Vegetable Mash  
(Red & White Potatoes,  
Turnip & Parsnips)

## **Dessert**

Blueberry Crumble Cake  
with Warm Butter Rum  
Sauce

Coffee & Tea Service by  
Newfoundland Tea  
Company and  
Jumping Bean.



# THANK YOU

**Thank you to the artists who have generously shared their creations for our Silent Auction.**

Rene & Randy Edison  
Angela Foss  
Mike Goodyear  
Mark Hillier  
The Late Dianne McFarlene  
Pamela Martin-Reid  
Sisters Gifts  
Freeman Stagg  
Rod Taylor



## *Our Door Prize*

One lucky guest at the Gala will win a "City Getaway" in St. John's. The prize is valued at over \$750, and includes:

- two nights at the Delta Hotel (\$500 value)
- dinner for two at Mallard Cottage (\$250 value)
- two tickets to a sporting event at Mary Brown's Center
- Gourmet pizza from Pi Gourmet

***Thank you to the following business for their donations***



THANK YOU

GOLD SPONSOR



Aramark Canada welcomes you to the South and Central Health Foundation's first annual Fall Fundraising Gala Dinner & Auction.

We value our longstanding partnership with Central Health and common goal of fostering healthy communities by making good food choices available and promoting active lifestyles and sustainable practices.

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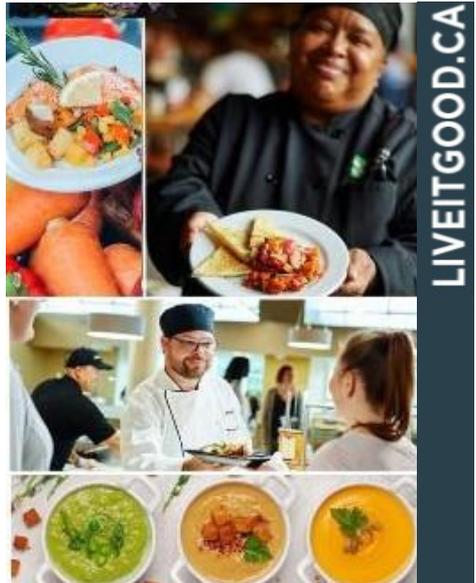
Special Thanks

The staff and Board of Directors of the South and Central Health Foundation would like to thank the following Aramark employees and affiliates for their title sponsorship and dedication to ensuring the success of our Gala:

Jeremy Lamb  
Laura Sutton  
David Dunham  
Lucy Niro  
Derrick Dean

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liveitgood



# THANK YOU

**Thank you to our donors who have generously supported our Live Auction**

Chic Charcuterie  
Exploits & Area Chamber of Commerce  
Exploits Valley Mall  
Exploits Extreme Zipline  
Exploits Nordic Ski Club  
Father Nature (Pat O'Reilly)  
Gander Flight Training/EVAS Air  
Gordon Highlander Tea Room & Gifts  
Hill Road Manor  
Juniper Kitchen Bistro  
Samantha Kearley Photography  
Party Central  
Carolyn Parsons  
Rock Island Gear  
Saltwire Network  
Stingray  
Kathryn Taylor  
The Classic Theatre  
The Hair Salon  
Sheila Trask



**THANK YOU**

## **SILVER SPONSOR**

# **Scotiabank®**

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Scotiabank is a leading bank in the Americas. Guided by our purpose: "for every future", we help our customers, their families and their communities achieve success through a broad range of advice, products, and services, including personal and commercial banking, wealth management and private banking, corporate and investment banking, and capital markets.

By paying careful attention to the areas where we feel we can have the biggest impact, we create economic, social and environmental value for our customers, employees, communities and our planet.

Life can be unpredictable. At Scotiabank, we believe it's important that everyone has the ability to do more than simply recover from times of uncertainty, but instead rise from them stronger than before. Building economic resilience is about helping individuals, households, communities, and economies to thrive under a range of circumstances.

But resilience doesn't just happen – it must be nurtured and invested in over time. ScotiaRISE is our 10-year, \$500 million initiative to promote economic resilience among disadvantaged groups. By working together to remove barriers to advancement and increase access to opportunities, we can create a more inclusive and resilient world for everyone. And for every future.

THANK YOU

## BRONZE SPONSORS

### Bumblebee Bight Inn & Brewery

Located in Pilley's Island, along Route 380 in Green Bay South is Bumblebee Bight Inn and Brewery. The establishment is owned and operated by Dino and Natalie Colbourne, and includes a five room inn, a taphouse eatery, store, and a micro-brewery. Check out their website @ [www.bumblebeebight.ca](http://www.bumblebeebight.ca)



BUMBLEBEE BIGHT INN & BREWERY CO.  
BUNKS BREWS BITES B'YS

### Saltwire Network

**Our Legacy:** A History rooted in telling the stories (individuals, companies & communities) **Our Values:** Client First, Do the Right thing, Pride in work, Team, Celebrate Others, Stick-with-it-ness, Adaptable **Our Purpose:** Provoke thought and action to make communities better **Our Transformation:** With Analytics and AI as the driving force, we can better understand your brand story and target potential customers more efficiently.



### Hunter's Framing & Gallery

The South and Central Health Foundation would like to thank Hunter's Framing & Gallery owner Gerry Gardner for his generous donation of framing on many of our prints presented for the silent auction.



THANK YOU

## PATRON SPONSORS



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EXPLOITS  
VALLEY  
MALL



SAFE RIDE HOME  
SPONSOR

COAT CHECK PARTNERS



If you need a ride home please take an ASAP Cabs voucher located at the coat check table.

Thank you to the 4th Grand Falls Scouting Group for manning our Coat Check. Thank you to Lefty's Pizza for donating their supper.

—❤—  
If you would like to continue your support of our charity please scan our QR Code to make a secure online donation.



# THANK YOU

**The Board of Directors of the South and Central Health Foundation would like to additionally thank the following individuals and businesses who helped make our Gala fundraising event a success.**

## **Our Staff**

Wendy Houlihan, Executive Director  
Cynthia Foss, Executive Assistant

## **Our Partners**

Aramark Canada  
ASAP Cabs  
Bumblebee Bight Inn & Brewery  
Central Vegetable Products  
Charlotte Carey (Musician)  
Custom Design & Printing, Laura Hunter  
Central Health  
Exploits Meadows farms  
Grand Falls Golf Club  
Grand Falls Scouts  
Haricot Farms  
Jumping Bean  
Samantha Kearley Photography  
Kettle Hill Farms  
Mark's Market  
Newfoundland Tea Company  
Tom Pinsent, Auctioneer  
Polished Events  
Saucy NL  
Kris Spurrell, Emcee  
Tucks Bees  
Mondella Winsor, Gala Volunteer



South and Central Health Foundation

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