

HARBOUR BRETON

Family gives long term care home residents a special gift in memory of their son and brother



Robert and Denise Allen and their daughter Grace, along with their family and friends, donated a Reality Orientation Board to the long term care residents lounge at the Connaigre Peninsula Health Center in Harbour Breton to honor their son and brother, Alex, who passed away at the age of 27 in July 2023.

Alex Allen passed away on July 18, 2023 at the age of 27. His dad, Robert Allen who is the Manager of Site Operations – Coast of Bays and works at the Connaigre Peninsula Health Center (CPHC), said after his son passed, he, his wife, Denise and daughter, Grace, who also work at CPHC, wanted to do something special for the residents at the facility while honoring their son's memory. Alex Loved seniors and enjoyed speaking with them when he had the opportunity to visit our Long Term Care.

When the idea of a Reality Orientation Board was floated, his entire family and the staff at the facility loved it. The board has been placed on a wall in the residents' lounge and every day they have something to look forward to. By showcasing information such as the current month, date, weather, seasons and holidays, this board is able to assist residents' memory recall and help them stay aware of their surroundings.



One of the benefits of this board is that residents gain a stronger understanding of their surroundings and their place within them, leading to a greater sense of control and increased self-esteem.

On behalf of the residents, their families and the staff at the Connaigre Peninsula Health Center, we want to thank the Allen Family for their thoughtful donation to honor Alex's life and their connection to the facility.

<http://www.spencersfuneralhome.com/book-of-memories/5236466/Allen-Alex/obituary.php>

